



# Belfast Consolidated School Newsletter

Mr. John Munro- Principal

Alyssa Thaxter- Admin Assistant

Ms. Kelley Carpenter- Vice-Principal

## Attendance Line 902-659-7200 #1

At Belfast School we have an Attendance Line which parents/guardians can call anytime of the day. Calling this line will enable us to ensure the safety of your child.

### Dates to Remember:

- April 2- Blue Shirt Day
- April 2- Home and School meeting- 6PM
- April 4- Grade 6 HPV needles- PM
- April 7- Green Shirt Day
- April 8- Science Fair Provincials
- April 9- Subway Day
- April 10- Bulldog- 2PM
- April 11- PD Day- No School
- April 18- Good Friday- No School
- April 21- Easter Monday- No School
- April 22- Earth Day
- April 22- 7/8/9- UPEI Expo
- April 23- Hot Dog Day
- April 23- Administrative Professionals Day
- April 24- Easter Seals Ambassador - Remi Dean
- April 24- Gillis Lodge Visit- 10AM
- April 25- 4-9 Heritage Fair

### Phys Ed:

-Any parents or community members who would be willing to help with school athletics please contact Mr. Johnson at [tjohnson@edu.pe.ca](mailto:tjohnson@edu.pe.ca) or (902) 629-0242. There are coaching positions available this year in Track and Field and Flag football. Mr. Johnson could also use help next year in Volleyball, badminton, golf, Cross-country, and basketball.

#### BADMINTON:

- April 1<sup>st</sup>- 5/6 Zone meet- 1PM MCS- Singles, 3PM- Doubles
- April 2<sup>nd</sup>- 9 Zone meet- 1PM Singles- Morell High
- April 3<sup>rd</sup>- 7/8 Zone meet- MIS- 1PM Singles
- April 7<sup>th</sup>- 5/6 Zone Finals- 1Mm Singles, Morell High
- April 7<sup>th</sup>- 9 Zone Finals- 1PM Singles, Souris
- April 14<sup>th</sup>- 7/8 Zone Finals- 1PM Singles, Morell High

#### WRESTLING:

- Meet- April 9<sup>th</sup>-MCS- 9AM
- Provincials- April 12<sup>th</sup>- Birchwood

Thank you to our coaches, Wallace Roach, Mr. Adams, Mrs. Tammy, and Mrs. Williston

### Energy Drink Policy:

3.1.3- Energy drinks, such as Red Bull, Full Throttle, Rockstar, Amp, Stoked, SoBe Adrenaline Rush and the like are prohibited from being on Public Schools Branch property.

3.1.4- Teachers and Administrators will encourage students to drink water.

### Welcome to Kindergarten:

The 'Welcome to Kindergarten Program' (WTK) is designed to help prepare preschoolers for a positive start to their school journey. Parents and their children will attend spring WTK orientation sessions at local schools where they receive early learning and literacy resources and learn how to use them at home. Our Welcome to Kindergarten night is Wednesday, May 14<sup>th</sup> at 6PM.

### Heritage Fair:

Heritage Fair, April 25<sup>th</sup>, Grade 4/5/6/7/8/9 projects will be on display throughout the morning.

### Island Gymnastics:

The Island Gymnastics academy is offering a spring term of gymnastics for grades K-6 at Vernon River Consolidated School from April 9<sup>th</sup> to May 28<sup>th</sup>. If you are interested in learning more or registering, please follow the link below.

<https://app.amilia.com/store/en/IGA/shop/programs/114483>

### After School Changes:

To ensure the safety of your child, the school **MUST BE INFORMED BY A NOTE, EMAIL, OR PHONE CALL IF YOU ARE:**

- 1) planning on picking your child up, when they usually travel by bus
  - 2) sending your child home with someone else for childcare purposes ONLY
  - 3) planning to have your child travel on his/her regular bus but getting off at a different stop for childcare purposes ONLY
- If the school has not received any notification from you, your child WILL follow their regular routine.**

\*Bus notes must include- date, child's name, civic address of location\*

Just a reminder that the school does **not** call to arrange after school plans for students. After school activities must be arranged beforehand. If we do not receive any notice, your child(ren) will follow their regular routine.

### Walking Buddies:

Walking buddies will start back up on Wednesdays for students in grades 3-9. The first walking buddies will be April 23<sup>rd</sup> until 3:30PM. Students need to have rides arranged the night before. Walking buddies will wrap up for the year on Wednesday, June 11<sup>th</sup>.

## PEI Home and School:

**REGISTER NOW** for the P.E.I. Home and School Federation’s Annual General Meeting & Convention...

Date/Time: Saturday, April 12, 2025, 08:45 a.m. – 01:30 p.m.

Fee: \$40 per person

Place: Rodd Charlottetown Hotel (75 Kent St. Charlottetown)

**Participation:**

- Open to parents, teachers, principals, school staff, and students.
- While each member school is limited to five (5) voting delegates, there is *no limit* to the number of attendees otherwise from @ school: the greater the attendance, the richer the discussions.

**Registration:**

- Register by April 4th Click here [2025 AGM Registration Link](#) or go to <https://peihsf.ca/agm/>

**Contact Information:**

For inquiries, call 902-620-3186 or email [peihsf@gov.pe.ca](mailto:peihsf@gov.pe.ca)

**Review 2025 Resolutions before April 12**

Resolutions submitted by local Home and School Associations will be discussed and voted on at the AGM on April 12. Ensure your voting delegates (parents, guardians, educators and students) review these prior to the AGM. Proposed resolutions are:

2025-01 = [Add Milk Products to PEI School Food Program](#)

2025-02 = [Behaviour Resource Support in Island Schools](#)

2025-03 = [Support for Canada's Online Harms Act to Protect Children in Digital Spaces](#)

2025-04 = [Protecting Student, Parent, and Teacher Personal Data](#)

View resolutions online: <https://peihsf.ca/agm/>

**Cyberbullying Awareness Day / Online Harms Act**

A private member's bill brought forward by Souris-Elmira MLA, now education minister, Robin Croucher proclaimed April 25, 2025 as Cyberbullying Awareness Day, marking the anniversary of islander Harry Burke's death. Carl Burke, father of Harry, will speak about the Online Harms Act on April 12th at the PEI Home and Schools Federation's AGM. More info at [www.peihsf.ca/agm](http://www.peihsf.ca/agm)

## Belfast Home and School:

Belfast Home and School is having a Baked Goods Online Auction fundraiser on Facebook from March 18th until April 14th the pickup date will be April 19th from 2:00 p.m. till 5:00 p.m. at the Belfast Rec Center if you're interested in donating baked goods please contact a Home and School member!

Belfast Home and School is currently running a pancake raffle on Facebook. Spots are \$10 each.

Prizes are:

\$250 Gift Card for Amazon

\$250 Gift Card for Irving

E-Transfers will go directly to

[homeschoolbelfast@gmail.com](mailto:homeschoolbelfast@gmail.com)

Spots can be purchased now!

## Student Well-Being:

The topic of balance with regards to screen time has come up more often recently with our Student Wellbeing Team after new guidelines were introduced in PEI schools related to screen time. Due to the knowledge we have currently about the benefits of a balanced approach to screen time both at home and school, the development of these guidelines was supported by a large group of parents from across PEI at our provincial home and school meeting in 2024, as well as by our leaders in our public education system.

As part of our work with children and teens with the Student Wellbeing Team, we often discuss a variety of topics related to emotional and mental wellness, one of which is screen time, gaming, etc. We know that having a balanced approach to screen time in families can offer a multitude of benefits as well. As caregivers, it’s important to consider how we can reap the benefits of technology, while at the same time trying to limit the downfalls for our children related to their emotional wellbeing. After requests from several individuals, we have requested to share the following resource from About Kids Health. This website is connected to the Toronto Hospital for Sick Kids Children and offers an assortment of evidence-based health related information for caregivers and youth. This resource encourages caregivers to think about screen time in their own home and consider whether caregivers feel family members would benefit from adjustments in screen time. See link here [How to help your child set healthy screen time limits](#)

If caregivers have questions or concerns about your child’s emotional wellbeing, please reach out to your school-based supports or your local student wellbeing team.

**ISLAND GYMNASTICS ACADEMY**  
 SPRING PROGRAM AT VERNON RIVER CONSOLIDATED SCHOOL  
 KINDERGARTEN TO GRADE 2:  
 WEDNESDAY 4:30PM - 5:30PM  
 GRADE 1 TO 6:  
 WEDNESDAY 5:30PM - 6:30PM  
 STARTING APRIL 9TH UNTIL MAY 28TH.  
 VISIT THE ISLAND GYMNASTICS WEBSITE TO REGISTER



Small Changes, Big Differences

### Fear-Less : Triple P Seminar

*Helping Children Manage Anxiety*

**Venue:** Charlottetown Library- Rotary Auditorium

100 Queen St, Charlottetown

**Date:** Sunday April 13, 2025

**Time:** 2pm

**Presenter:** Peter Mutch

Learn more about anxiety and how it affects children and families. Explore effective tools to manage it and foster resilience together

RSVP: please contact Triple P at [triplep@gov.pe.ca](mailto:triplep@gov.pe.ca) or 902-368-6762

This seminar is free to attend!  
[triplep-parenting.ca](http://triplep-parenting.ca)



# Easter Seals Fundraising Days

## Monday, April 7th

### Comfy Clothes/PJ Day

- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Tuesday, April 8th

### Wacky Wear or Backwards Day

- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Wednesday, April 9th

### Jersey Day

- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Thursday, April 10th

**Anything but a backpack** -leave your backpack at home & come up with a creative way to carry your things around school for the day!

- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance
- Last day to sign up for eating lunch in a different class, face painting and recess dance

## Monday, April 14th

- Eat lunch in a different class- Sign up by Friday, April 10th- \$1.00
- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Tuesday, April 15th

- Eat lunch in a different class- Sign up by Friday, April 10th- \$1.00
- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Wednesday, April 16th

- K-6 face painting- Sign up by Friday, April 10th- \$1.00
- Guess the # of candies- \$0.25/each
- Popcorn Sale- \$1.00/bag
- Sucker Pull- guaranteed to win a sucker, but a chance to win a bigger prize- \$1.00/chance

## Thursday, April 17th

- Recess dance- Sign up by Friday, April 10th- \$2.00
- Guess the # of candy winner announced!

**\*\*Each day is by donation (unless specified) to fundraise for Easter Seals\*\***

If we reach our 1st fundraising goal of **\$200.00**, Mrs. Morton and Mrs. Tammy will let Kindergarten crack eggs on their heads!

If we reach our 2nd fundraising goal of **\$400.00**, Mrs. Edward and Mrs. Taylor will dress up in funny costumes for the day!

If we reach our 3rd fundraising goal of **\$600.00**, Mr. Adams and Ms. Carpenter will eat gross tasting jellybeans and Mr. Johnson and Mr. Ellis will play a mini concert!

If we reach our 4th fundraising goal of **\$800.00**, Ms. Alyssa, Mr. Kerry, and Mrs. Nancy will get a hair dye!

If we reach our 5th fundraising goal of **\$1000.00**, Mrs. Williston will get a big bucket of ice water dumped on her!

If we reach **\$1500.00**, Mr. Munro will let a student shave his goatee and be Principal for the day!